

This is the seventh year of the “We Who Sing, Pray Twice” evening sessions.

Each evening is a standalone event with no pre-booking and no charge.

We learn simple sacred rounds and chants in four-part harmony: songs of joy, gladness, sadness and peace, from a variety of sources. The silence that follows the singing offers the opportunity to be still, or to pray or meditate.

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OUR AIM ...

...is to provide a safe space for people to connect with God, themselves and others on the same journey. We offer Whirlow Spirituality Centre at the Chapel of the Holy Spirit as a sanctuary along with resources and people to support those searching, exploring and journeying on the road to who they are meant to be in God.

About the Spirituality Centre

Set in a peaceful garden and on the edge of the Peak District National Park, Whirlow Spirituality Centre is accessible via public transport from Sheffield City Centre (buses 81, 181, 65 & 271). We have parking for approx 20 cars.

We offer the opportunity to slow down, reflect, relax, learn and play. The Chapel of the Holy Spirit provides a beautiful context for prayer, reflection and worship.

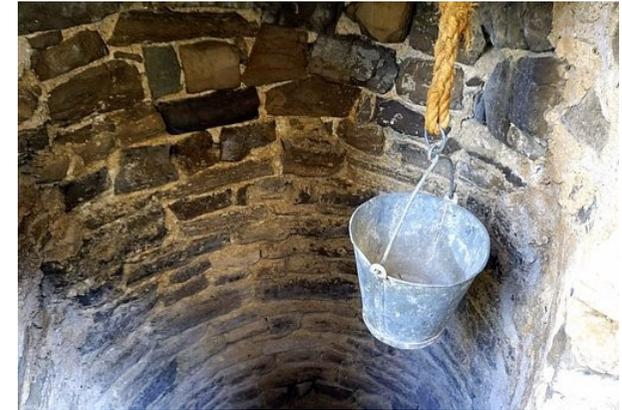
Join us for ...

Space To Be self-directed meditation
each Sunday morning 8.30 am to 9.15am

Reflective Communion
each Tuesday at 9.45am
3rd Sunday at 7pm

Reflective Worship
1st Sunday of the month at 7pm

We Who Sing, Pray Twice 2017



Thursday 26th January

Monday 27th March

Thursday 18th May

Thursday 6th July

Thursday 28th September

Thursday 23rd November

7.30pm - 9.30pm



**Whirlow
Spirituality
Centre**

at the Chapel of the Holy Spirit

Whirlow Spirituality Centre

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About the evenings

Starting with a gentle body and voice warm-up and some simple rounds, we move on to learn songs and chants in four-part harmony.

We appreciate that some people will be unfamiliar with this type of singing – or with any type of singing! – so we help you find the part that best suits your voice, whether you sing high, middle or low. Songs are learnt by ear, with simple hand movements as a guide – no musical experience is needed.

After a break for refreshments, we return to sing the songs in a more contemplative atmosphere. Someone will lead each part, so no-one is on their own.

The focus of the session is singing the songs together...we become immersed in the harmonies and the words, and the “dazzling silence” that can follow offers a way into stillness, to prayer or meditation.

We sing songs from a variety of sources such as the Taize community in France, Wild Goose/Iona Community and others from the Judeo-Christian tradition.

All are welcome: all those seeking to open themselves to God, or to find or deepen their experience of God; churchgoers and non-churchgoers, Christians and non-Christians alike.

We Who Sing, Pray Twice 2017

About the Group

Gill Greenwood has trained as a natural voice singing practitioner and is a member of the Contemplative Fire Community.

Nick Cocking has sung in music groups at a number of churches, most recently at Christ Church, Pitsmoor.

David Beddow enjoys working with the St Clement’s Church Choir in Horsley, Derbyshire.

Linda Batten has enjoyed *We Who Sing* evenings for the past 4 years and, as a Quaker, found them peaceful, fulfilling and uplifting. She also enjoys teaching singing.

Gill Upham has been coming to the Whirlow evenings since 2013 and they have become an essential element of her spiritual wellbeing. Gill sings with a natural voice choir.