

Lifting the Cup

How can I repay the Lord for all his benefits to me?

**I shall lift up the cup of salvation
and call on the Lord by name.**

**I shall pay my vows to the Lord
in the presence of all his people.**

In the same way

he took the cup after supper, and said:

"This cup is the new covenant sealed by my blood.

Whenever you drink it,
do this in memory of me."

Sharing the Bread and Wine

Draw near with faith.

Receive the body of our Lord Jesus Christ
which he gave for you,
and his blood which he shed for you.

Eat and drink

in remembrance that he died for you,
and feed on him in your hearts
by faith and with thanksgiving.

Sharing and reflection

Acclamation

Your death, O Lord, we commemorate.

Your resurrection we confess.

Your final coming we await.

Glory be to you, O Christ.

Christ has died.

Christ is risen.

Christ will come again.

Therefore with angels and archangels,
and with all the company of heaven,
we proclaim your great and glorious name,
for ever praising you and saying:

Holy, holy, holy Lord,

God of power and might,

heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

Prayer

COMMISSIONING AND BLESSING

THE LORD'S SUPPER



A Reflective Eucharist

GATHERING

Gathering Song and Prayers

Gloria, Gloria, in excelsis Deo!

Gloria, Gloria, alleluia, alleluia!...

The steadfast love of the LORD never ceases,
his mercies never come to an end;
they are new every morning;
great is your faithfulness.

"The LORD is my portion," says my soul,
"therefore I will hope in him."

**The LORD is good to those who wait for him,
to the soul that seeks him.**

Let us test and examine our ways,
and return to the LORD.

**Let us lift up our hearts as well as our hands
to God in heaven.**

"Which commandment is the first of all?"

"The first is,

**'Hear, O Israel: the Lord our God, the Lord is one;
you shall love the Lord your God with all your
heart, and with all your soul, and with all your
mind, and with all your strength.'**

The second is this,

'You shall love your neighbour as yourself.'

**There is no other commandment greater than
these."**

Have mercy on me, O God,

according to your steadfast love;

**according to your abundant mercy
blot out my transgressions.**

Wash me thoroughly from my iniquity,
and cleanse me from my sin.

**For I know my transgressions,
and my sin is ever before me.**

You desire truth in the inward being;
therefore teach me wisdom in my secret heart.

Silent reflection

**Create in me a clean heart, O God,
and put a new and right spirit within me.**

Do not cast me away from your presence,
and do not take your holy spirit from me.

**Restore to me the joy of your salvation,
and sustain in me a willing spirit.**

**Then I will teach transgressors your ways,
and sinners will return to you.**

O Lord, open my lips,
and my mouth will declare your praise.

For you have no delight in sacrifice;
if I were to give a burnt offering,
you would not be pleased.

**The sacrifice acceptable to God is a broken spirit;
a broken and contrite heart, O God,
you will not despise.**

LISTENING

Scripture Readings:

Reflection:

Prayers

CELEBRATING

Invitation to the Table

Come to this table, not because you must
but because you may,
not because you are strong, but because you are weak.

Come, not because any goodness of your own gives
you a right to come,
but because you need mercy and help.

Come, because you love the Lord a little and would like
to love him more.

Come, because he loved you and gave himself for you.
Come and meet the risen Christ, for we are his Body.

Sharing the Peace

Christ is our peace:
Let us live in his love.

The Institution of the Supper

The apostle Paul tells us of the institution of the Lord's
Supper...

Thanksgiving

Eternal God,
we praise you
for your creation of the world
in all its richness and glory;
for your great work of redemption
in liberating the oppressed,
renewing the weary and forgiving the sinful;
for your calling of men and women to share in the
work of salvation
in the story of Israel and our story.

And now we give you thanks
for Jesus Christ our Lord,
your word of love made flesh,
who shared our humanity
and revealed your grace.

We thank you
for his lifting up of the lowly,
his healing of the broken
and his death on the cross
for the redemption of the world,
of which this bread and cup are sign and symbol.

**We thank you for raising him to life
and exalting him
so that we might call him 'Lord',
and follow in his way.**

We thank you for the gift of your Holy Spirit,
for the fellowship of your church,
and for all the means of grace and hope of glory.

**Living God, fill us with your Spirit,
that, as we share this bread and wine,
we might feed on the body and blood of Christ
and be empowered for witness and service in your
world.**

Accept our prayers and thanksgiving
in the name of Jesus Christ,
the light of the world
and the life of your people. **Amen**

The Breaking of Bread

Jesus said, "This is my body which is broken for you; do
this in memory of me."

When we break the bread,
is it not a means of sharing in the body of Christ?
**Because there is one loaf,
we, though many, are one body;
for it is one loaf which we all share.**